

# Birth Belongs To Women®

*official doula directory*

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## Arizona



**Arielle Ruda**

**LOCATION:**

**Tuscon, AZ**

**ATTENDS:**

**Homebirth & TTC**

**TO CONNECT:**

**@rellyjean**

**ABOUT:**

It wasn't long after receiving my degrees in physiology and psychology that I realized the incongruence between God's perfect design for His creation and the dogma of the modern medical industrial complex. I believe in the healing power of nature and live in the space between ancestral intuition and my knowledge and love for physiology, chemistry, biology, physics, and psychology. I aim to empower women to heal themselves, their generational traumas, and find restorative and transformational power through birth. I have a soft spot for women who were or are currently TTC and am uniquely equipped to support women with their hormones. I pray that the Lord use my knowledge for His glory, bringing babies into the arms of loving mothers who so dearly want them

**LOCATION:**

**Yuma, AZ + Virtual**

**ATTENDS:**

**Homebirth, birth centers, some hospital births + postpartum**

**TO CONNECT:**

**@calledtoserve.doula  
calledtoservedoula@gmail.com**

**ABOUT:**

Hi! My name is Cynthia! Jesus follower, wife, mama and doula. While pregnant with my baby girl I felt a tug in my heart to go into birth-work. I believe God has called me to serve women and make a difference wherever He places me. I would feel honored to support and serve any woman through their pregnancy, birth & postpartum. As your doula I want nothing more than to build a friendship, listen, learn, advocate, love and support you through the most sacred and vulnerable moment of your life. I pray that God uses me in the birth community and that through my life and beliefs about birth any woman that comes in contact with me feels empowered and confident to have a physiological, natural birth.



**Cynthia  
Richardson**



# California



**Bianca Pennington**

**LOCATION:**

**San Diego, CA**

**ATTENDS:**

**Homebirth & birth centers**

**TO CONNECT:**

**@biancapennington**

**www.primalmamas.com**

**ABOUT:**

**Combining evidence based birth practices + a woman's God-given intuition to give you the undisturbed natural birth of your dreams**

## Ashelee Solheim



**LOCATION:**

**Central Coast, Paso Robles**

**ATTENDS:**

**Homebirths**

**TO CONNECT:**

**@asheleesolheim**

**ABOUT:**

**Hi, my name is Ashelee Solheim. I'm a wife and mother to a sweet little boy. I am fiercely passionate about mothers, babies and birth. I believe in women's god given abilities to birth our babies in our own power. I believe gods design is perfect, and when we are able to connect to our innate intuition, we have all we need to birth our babies. I have a strong calling to help other moms feel empowered during their birth experience, educated and have informed consent during their birth process. My goal is to help support you during your birth, and my hope is that you're able to connect to yourself and intuition. I want you to feel in charge of your birth, your body and your baby; and I want to support you during that.**



**LOCATION:**  
Los Angeles, CA

**ATTENDS:**  
Homebirths

**TO CONNECT:**  
[@chava.doula](#)

**ABOUT:**

I'm Chava (pronounced Haw-vuh). my name means life/woman-life/mother of life in hebrew so birthwork was probs always in the cards for me. love dogs, being outside, and being in bed. Im also a mission operations engineer at NASA \*. I love cooking but have yet to master the art of food photography. im currently offering birth and postpartum support services for mamas in the Los Angeles area, ✨



**Chava Friedman**

## Melanie Thomas



**LOCATION:**  
San Jose, CA

**ATTENDS:**  
Home and birth center

**TO CONNECT:**  
[@themothemetamorphosis](#)  
[melaniethomas@themothemetamorphosis.com](mailto:melaniethomas@themothemetamorphosis.com)

**ABOUT:**

Hey mamas! I am a wife, mother of two young children, and birth worker in the Bay Area. I offer prenatal support, birth support, birth photography, postpartum support and also offer an Ayurvedic postpartum meal delivery service. I am passionate about all things birth and motherhood. My mission is to mother the mother during the pre and postnatal journey by focusing on well being of mind, body, and soul. I am certified in Ayurvedic PP doula work and am a lifelong lover of learning. I am completely humbled and honored to be invited in a mother's birth space and it is a privilege I don't take lightly. I believe a mother should be the only person calling the shots at her birth and I am there to support, hold space, and advocate for my moms. I don't see this as a business because it's truly my life's calling and my mothers are more than just "clients"- they are pieces of my family



**LOCATION:**

**Monterey, CA**

**ATTENDS:**

**Home, birth center, and hospital**

**TO CONNECT:**

**@birthworkbymelissa**

**[www.birthworkbymelissa.com](http://www.birthworkbymelissa.com)**

**ABOUT:**

**Hi, I'm Melissa!**

**I am a birth doula, birth photographer, mom of 3, and a total birth nerd.**

**After my own transformative birth experiences, I found that my calling is to help other women learn they are more powerful than they can imagine and are fully capable to birth their baby(s).**

**I enjoy being a resource for others to come to and to share my love of birth with. I am passionate in supporting, caring, and educating moms through their pregnancy and birth journeys while making sure they feel safe and empowered bringing baby earth side.**

**I also have a passion for photography and being able to combine the two is a dream come true. Witnessing someone transition into parenthood is one of the most amazing experiences to have in life and I couldn't be more grateful to be chosen to be in someone's birth space let alone document it**



**Melissa Longueira**

**LOCATION:**

**Menifee, CA**

**ATTENDS:**

**Homebirth**

**TO CONNECT:**

**@birthcultivated**

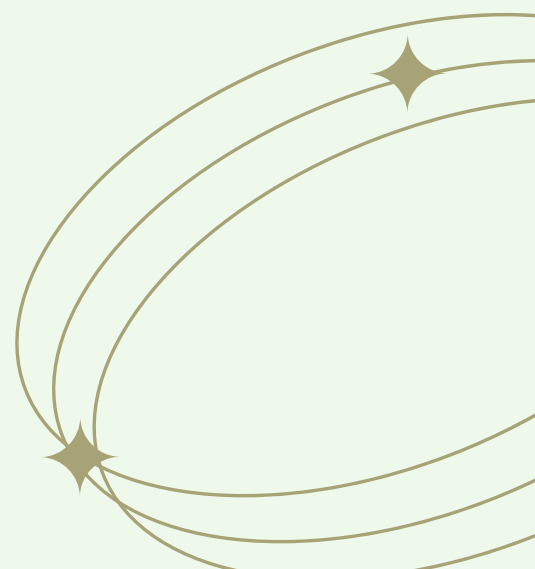
**[www.birthcultivated.com](http://www.birthcultivated.com)**

**ABOUT:**

**Traditional Birth Attendant serving families through my private home birth ministry, in pregnancy, birth, and extended postpartum healing sessions**



**Alisha Meyer**





**LOCATION:**

**Placer County, CA**

**ATTENDS:**

**Homebirth**

**(including free birth/unassisted)**

**TO CONNECT:**

**@wildandthrivemotherhood**

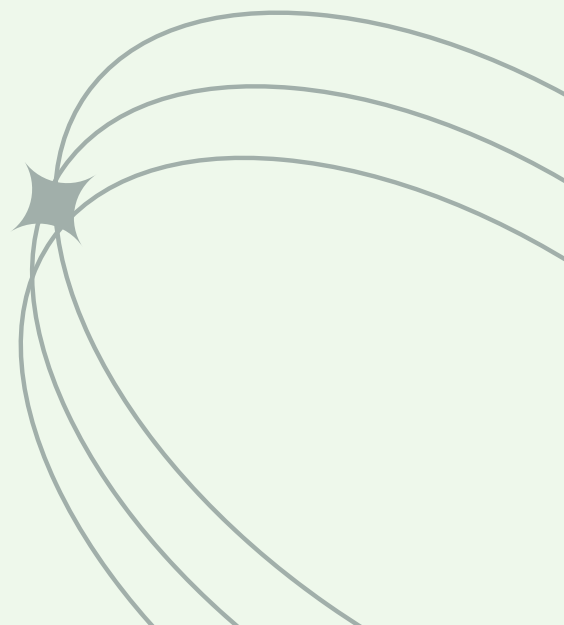
**www.wildandthrivebirth.com**

**ABOUT:**

**Hi, my name is Kelci and I'm a wife and mama of three! As someone who has always questioned the status quo, has chosen a more holistic approach to life, and is passionate about empowering and supporting women, it's no surprise that serving women through authentic birth work found me. After experiencing a hospital birth that I did not want with my first, and a redemptive home birth I dreamt of with my second- I believe that when we treat our journey into motherhood as sacred, no matter how many times we have done it, and take radical responsibility over our birth experience, everything changes. I would be honored to walk this journey alongside you and love on, care for, and support you in your birth experience**



**Kelci Mukisa**







**Tiare Garcia**

**LOCATION:**  
West Los Angeles, CA

**ATTENDS:**  
Homebirth birth center,  
limited hospital

**TO CONNECT:**  
[@tiaresarahi](#)

**ABOUT:**  
I am a wife, mami, and doula who prioritizes soul to soul connections above all else. I believe in our bodies innate intelligence when it comes to birth and health! After having a medicated, then an unmedicated hands off physiological birth I completely fell in love with birth and there's nothing I wish more than for every mama to be able to have the experience I did. I am ready to serve mamas the way they need me to

**LOCATION:**  
Wildomar, CA

**ATTENDS:**  
Homebirths

**TO CONNECT:**

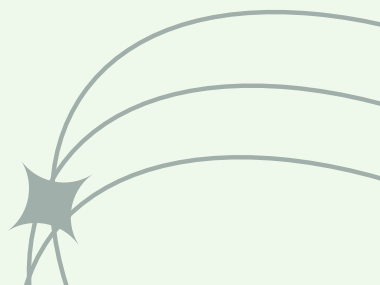
[@walking.with.the.rooted](#)

**ABOUT:**

I am a traditional homebirth Doula and my passion is to serve and walk with families who are strongly rooted in their beliefs and goals when it comes to their births and postpartum. I deeply desire for all women to be seen, heard, held, nourished and loved. May the Lord receive glory through it all.



**Joceyln McFadden**





# Colorado



**LOCATION:**

Northern Colorado

**ATTENDS:**

Home and birth centers

**TO CONNECT:**

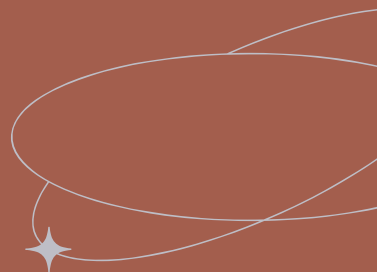
@themarissalynn

soldoulaservicesco@gmail.com

## Marissa Hansen

**ABOUT:**

Hello! My name is Marissa and I live in Northern Colorado. I am a follower of Jesus first and foremost, I have a dancer/tile setter husband and 3 beautiful children. It is my mission to help women birth the way they were meant to and to help them find the courage in themselves to do what they were made to do. I want women to know how strong and capable they are both in birth and as they journey into the new world of postpartum. I believe birth is a natural and wondrous physiological process, not a medical condition. I am passionate about serving and teaching women as they prepare to become pregnant, during their pregnancies, and especially postpartum. I strongly believe women need more than 6 weeks of postpartum care and support. I am also enthusiastic about giving fathers/partners the tools and education they need to support the women in their lives as they become mothers. I have a deep desire to support women both in home birth and birth center births. I offer pregnancy support, labor and birth support, and postpartum education and support. Birth is so sacred and special. Women deserve to feel cared for, capable and safe as they birth. That is my goal, to help cultivate and protect that safe space for women.



**LOCATION:**

Colorado Springs

**ATTENDS:**

Homebirths

**TO CONNECT:**

@autumnklender

**ABOUT:**

I am a dedicated doula and proud mama of three. My personal journey includes a c-section, a hospital VBAC, and a serene home birth, which have all shaped my profound understanding of the birthing experience. With a deep reverence for the transformative power of birth, I offer comprehensive doula services that encompass both traditional support and a holistic approach to postpartum care. My true passion lies in helping women tap into their innate feminine wisdom, enabling them to make empowered choices that resonate with their unique journey. I am here to hold space, provide guidance, and ensure that every mother I serve feels supported and cherished on her path



## Autumn Klender





## Morgan Spencer

**LOCATION:**  
Longmont, CO

**ATTENDS:**  
Homebirths

**TO CONNECT:**  
[@birthwithmorgan](#)  
[birthwithmorgan@gmail.com](mailto:birthwithmorgan@gmail.com)

**ABOUT:**

Hi, I'm Morgan! I'm a wife, a mama to a sweet little boy and a total birth nerd. I believe birth is a beautifully designed, rite of passage that pushes women into the deepest parts of themselves to find the strength they need to birth their baby and bring forth the mother they are destined to be. I hope to empower women to take radical responsibility for their birth by tapping into intuition and seeking out ancestral wisdom.

I also make nourishing pregnancy and postpartum teas!  
[mamabearsupplyco.com](http://mamabearsupplyco.com)





# Florida



**Charis Rowland**

**LOCATION:**

30A, Panama City Beach

**ATTENDS:**

Homebirths

**TO CONNECT:**

@wearetherowlands

**ABOUT:**

My desire is simply to serve and support women. It's a privilege and an honor to be invited into the sacred space of birth and I don't take it lightly. I've worked as a wedding and portrait photographer for over a decade and am thrilled to be transitioning into a new season of capturing the raw beauty of life in such an intimate way. I'm also a lover of Jesus and a prayer warrior.

**LOCATION:**

Jacksonville

**ATTENDS:**

Homebirths

**TO CONNECT:**

@aprudenthome

birthwithlily@gmail.com

**ABOUT:**

Hi, I'm Lily! Wife and mama of 3, follower of Jesus, passionate about slow, intentional living, holistic health, and all things physiological birth. After the transformative birth of my second child at home and then my third, I decided that birth work and supporting women would be a part of my life's work forever. Walking alongside women through their pregnancy journey and supporting + holding space for them through the rite of passage of birth is my greatest joy! My ultimate goal is to help mamas reconnect to themselves, step into their power, and reclaim their God-given intuitions



**Lily Anderson**





## Isis Mesa-Rubin



### LOCATION:

Miami, FL

### ATTENDS:

Homebirths

### TO CONNECT:

@ananda\_birthwork

### ABOUT:

Taylor McMahan is a Christian Birth and Postpartum Doula who is certified in Ayurvedic Practices and who is incredibly passionate about educating and empowering families on their prenatal and postpartum journey. Taylor offers childbirth education, postpartum education, breastfeeding support, as well as baby wearing education. Taylor is trained in spinning babies, trained in the use of herbs for birth and postpartum, and also has trainings in breastfeeding and newborn care. Taylor's long term goal is to become a home birth midwife and open up her own home birth midwifery practice that honors and supports the physiological birth process.

### LOCATION:

South Florida

### ATTENDS:

Homebirths, Birth Centers  
Hospitals (English/Spanish support)

### TO CONNECT:

@theintuitivewomb

www.theintuitivewomb.com

### ABOUT:

Hey there, I'm Isis!

I am a mama of two, holistic doula, birth keeper, and childbirth educator. My journey and experiences from pregnancy, birth, and motherhood, or as I like to refer to it, "my rebirth" has brought me to where I am today. The rawness of motherhood cracked my heart wide open and changed the way I see myself and the world. The experience left me with a deep respect for women, their power, and admiration for the birthing process. Since then, I have been a student of the sacred nature of birth, its mysteries, and the life-changing experience of motherhood. I approach each birth as the unique and sacred occurrence it is; honoring the journey from maiden to mother while holding space, sharing wisdom, and offering support from my knowledge, experience, and intuition

## Taylor McMahan







**LOCATION:**  
Palm Beach County

**ATTENDS:**  
Virtual, homebirths,  
birth centers

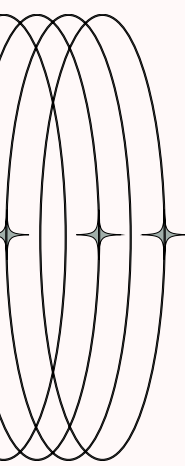
**TO CONNECT:**  
@mabez88  
euphoricbirthsbymabel@gmail.com

**ABOUT:**

I'm Mabel, a passionate doula, SAHM of my 2 boys which were both homebirths and loving wife. I'm based in West Palm Beach, Florida. I truly wish to restore faith in your own womenly strength and power. With a deep connection to the birthing process and personal experience, I'm dedicated to empowering women and families during this transformative time.

## Mabel Mesones

I believe that education is key, which is why I've been researching and studying Natural and holistic health and birth non-stop since 2019 to stay up-to-date and equip you with all the tools so you can advocate for your birth wishes. But here's the extra special part - my husband is a dad doula, too! Together, we create a supportive environment that bridges the gap between mom and dad's experiences, making your journey even more meaningful and connected. Let's embark on this incredible journey together and make your birth experience everything you've dreamed of!



**LOCATION:**  
Palm Beach County

**ATTENDS:**  
Homebirths

**TO CONNECT:**  
@lesliejoannng

**ABOUT:**

Hi mamas, my name is Leslie! I am a wife and the mother of a beautiful baby boy who was born at home. I am a firm believer that we women are powerful, and that nothing is more transformative than birth itself. I believe that women deserve to have the birth they've always desired, and I've felt a calling since my birth to serve women in whatever capacity they require, whether it's during pregnancy, labor, postpartum, or virtually. I wholeheartedly believe in the natural birth process and want every woman to feel empowered, educated, confident in her choices, and supported. There is a lot of noise surrounding pregnant women and their choices; working together, we will dispel any fears or concerns, tap into your innate intuition as a woman and as a mother, and walk through this new journey hand in hand. When it comes to motherhood and birthing your babies, I've chosen to lead with love rather than fear, and I would be honored to hold space for you during this magical time in your life.



## Leslie Gonzalez





## Aly Perez

### LOCATION:

Jacksonville, FL

### ATTENDS:

Homebirth, birth centers  
hospitals

### TO CONNECT:

@alyperez

thegoldenspacephotography.com

### ABOUT:

Hi I'm Aly, birth photographer and doula. I was just 10 years old when I first witnessed birth and again as a senior in high school. I never thought it would come full circle all these years later after becoming a mama myself. I found my way in serving mothers once I allowed both inner creativity and empowerment to collide. You can find me sitting on floors reminding mothers in the toughest times what they're capable of, grounding them and helping them reach within. My sweet spot is capturing mama and baby's first looks and documenting their wild love. I am ever evolving, following Jesus and on journey of building meaningful connections so however we connect, I am so so happy you're here

### LOCATION:

Palm Beach County

### ATTENDS:

Homebirths, HBACs

### TO CONNECT:

@jessiesvibe

birthwithjessicagrants@gmail.com

### ABOUT:

At 25 years old during 2020 I found out I was pregnant with my son. I had the "typical" American pregnancy and had no clue about what psychological birth was. Looking back it isn't surprising that my birth unfortunately ended in a traumatic c-section. However this experience fueled my fire for a redemptive birth. I remember googling everything you could think of to figure out how my body "failed" me. I came to the conclusion, after hours of learning and unlearning, that my body was not broken. When I found out I was pregnant with my daughter in March of 2022 I knew I was having my girl at HOME. I had my successful HBAC in November of 2022 and it is the proudest day of my life to date.

I'm passionate about keeping birth sacred and honoring the transition from maiden to mother the way it is intended to be. My calling is to serve mothers through the journey of their redemptive births and hold space for battle it took to get here. Healing our generation can be so layered and you do not have to do it alone



## Jessica Grant



**LOCATION:**

North East Florida

**ATTENDS:**

Homebirth and free births

**TO CONNECT:**

@maura\_jean\_

**ABOUT:**

It's my belief that gentle birth can heal Mother Earth. Our relationship with our own birth and the passageway from maiden to mother is intricately linked to our relationship with the natural world. I'm interested in supporting women and families in restoring this harmony through supporting the unfolding of physiological birth. I draw upon over a decade of experience in the Yoga tradition, my own personal relationship with nature, as well as a lifetime of experience working with babies and children of all ages. It's my greatest passion and honor to serve women throughout pregnancy, and beyond



**Maura Jean**



**Ashley Diaz**

**LOCATION:**

Palm Beach & Martin County

**ATTENDS:**

All birth locations

**TO CONNECT:**

@birthandphoto

birthandphoto.com

**ABOUT:**

Videographer, photographer, Life Coach, business woman, teacher and mama of two, focused on being your birth sister through the changes that come with adding a babe to the family. Christian centered support but all clients do not need to be Christian. My goal is to support moms to get your greatest possible birth experience and provide documentation through the whole process





**Chantel Gueits**

**LOCATION:**

Miami, FL

**ATTENDS:**

Homebirths

**TO CONNECT:**

@chantygueits

**ABOUT:**

Hi there! My name is Chantel. I'm a marriage and family therapist, wife, and two time homebirth momma. My mission in this space is to provide women with the perinatal and postpartum mental health support while also honoring their birth space. Although I am not attending births yes (as I have little ones at home), I am available for mental health services and to talk all things birth with you.

**LOCATION:**

Homestead/Miami, FL

**ATTENDS:**

homebirths, select birth centers, select hospitals

**TO CONNECT:**

@rayne.blosser

blosser.lr@gmail.com

**ABOUT:**

I'm Rayne - like rain - and I'm a Christian traditional birthkeeper. I believe the Lord has designed our bodies to carry, birth, and heal from the life He created, pointing us to His holiness and glory of the cross. Women have the blessing of suffering for a joy set before them giving us a glimpse into Christ's sacrifice for us. My goal would be to encourage your family through this process and equip you with knowledge to make decisions based on a sound mind of power, love, and self-control. I would love to walk with you as a sister in Christ through this new time of surrender and sacrifice



**Rayne Blosser**





**Jocelyn Smith**

**LOCATION:**

Palm Beach, FL (travel)

**ATTENDS:**

Homebirths, birth centers, postpartum

**TO CONNECT:**

@birthingjoy\_withjoss

**ABOUT:**

Hi, I'm Joss! I love Jesus, coffee, traveling, and equal rights for everyone. I've been on my journey as a doula for over 7 years and I've committed my life giving birth back to women & restoring the community of motherhood. I believe that everyone should have the same access to the birth they desire and that postpartum should not be gone through alone. I've dedicated the last 7 years to creating a safe space for the women I support and I pray that space only continues to grow





# Georgia



**Alex Cade**

**LOCATION:**  
Atlanta, GA  
**ATTENDS:**  
All!

**TO CONNECT:**  
[@alexecade](#)

**ABOUT:**  
I love birth & empowering moms & coffee dates & chubby babies & yoga & good food & standing with women in their deepest moments & I am forever amazed & honored to walk with women through their birth journey.

**LOCATION:**

Atlanta, GA and surrounding areas

**TO CONNECT:**

[@theinformedbirth](#)

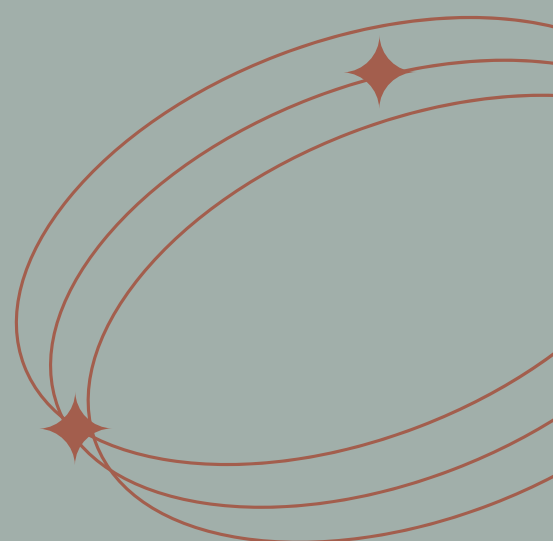
[www.theinformedbirth.com](http://www.theinformedbirth.com)

**ABOUT:**

After falling pregnant with my first baby, I passionately fell in love with pregnancy and natural birth and got to step into my first doula role with my sister in law. Doula work was heavy on my heart. I felt it's tug as I accompanied sisters and friends through their births. I felt called to the work but put it off for two years because of kids, the on call lifestyle, and not knowing how to start. The more rooted I found myself in motherhood and femininity, the stronger the call became. Listening to a podcast, the speaker said, "God doesn't always whisper in your ear. When you feel His call for you, you will feel it. You won't be able to say no, it will forever be on your heart until you lean in." And I felt the Holy Spirit move in me and say "its time." And I've moved forward in birth work with that guidance. To help women lean into themselves and their power in whatever way that looks best for her. Holding your hand, praying over you, a quiet presence or to walk with you beyond the veil and out the other side as a mother. I believe in birth and I believe in women and I'm here to serve.



**Miranda Yogan**





# Illinois



**Chamara Janssen**

**LOCATION:**

Northern Illinois

**ATTENDS:**

Homebirths, birth centers, limited hospital births

**TO CONNECT:**

@exploremoremomma  
chamara.janssen@gmail.com

**ABOUT:**

I became passionate about birth after my first child was born. I realized how transformational becoming a mother was. After struggling in labor, delivery, and postpartum and later dealing with postpartum anxiety, depression and rage, I realized that this was not the way motherhood was supposed to start. It is my hope and dream to help mothers navigate pregnancy, tune into her intuition, support her in her decision making and advocate for her so that labor, birth, postpartum leaves her empowered and transformed, not marred by the trauma that is woven into the stories of most present day births. I specialize in postpartum and breastfeeding support

**LOCATION:**

Northeastern Illinois

**ATTENDS:**

Homebirths, birth centers, select hospital births

**TO CONNECT:**

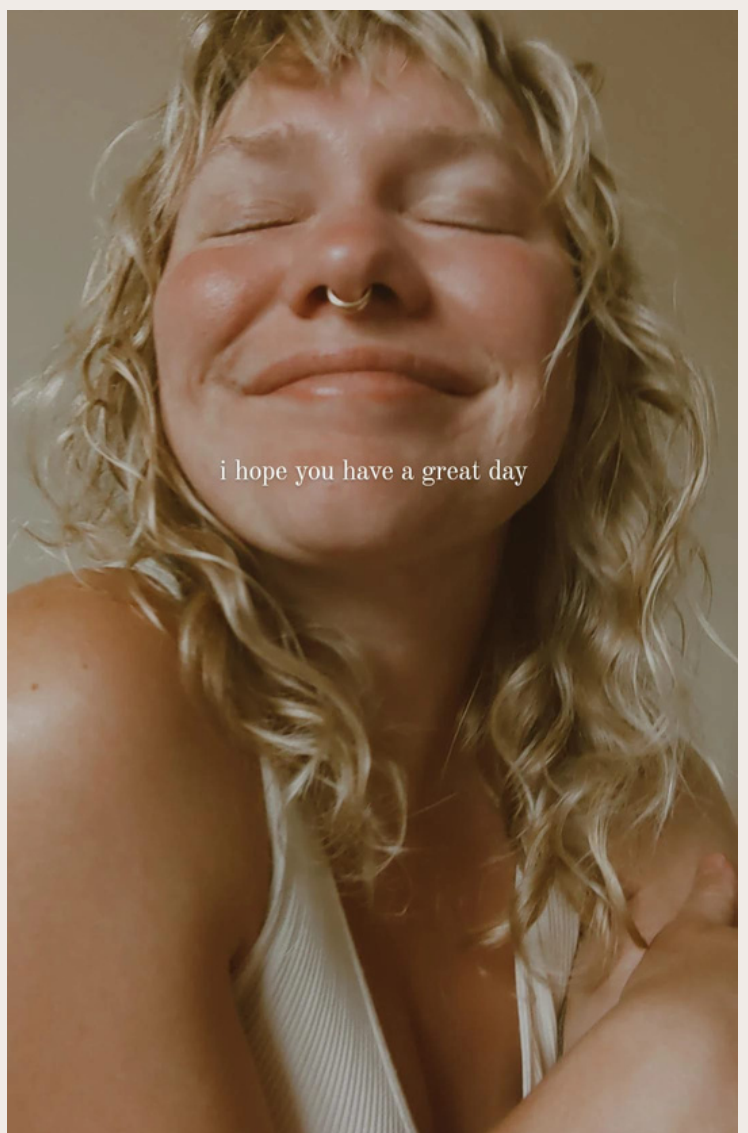
@loambirthservices  
loambirthservices.com

**ABOUT:**

My name is Anastasia and I am a doula, student midwife, and prenatal yoga instructor.

I believe that birth is a normal, albeit profound, physiological event and that women are wholly capable and unmistakably deserving of the right to decide when, where, and how they birth their babies.

It is an honor to support women and families through some of the most magical moments that life has to offer



**Anastasia Harris**



# Indiana



**Haley Bontrager**

**LOCATION:**

North East Indiana,  
South Central Michigan

**ATTENDS:**

Homebirth and birth centers

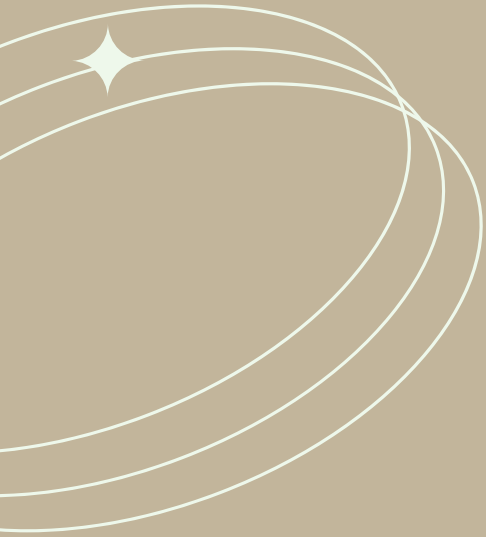
**TO CONNECT:**

@her.birthkeeper

haleybontragerphotography@gmail.com

**ABOUT:**

Haley, your compassionate doula and birth photographer. With a caring heart and creative eye, i will support and empower you through the transformative journey of childbirth. With my camera, I will capture the raw beauty and emotions of labor and delivery, preserving cherished memories for a lifetime. Trust in me to provide unwavering support, guidance, and stunning photographs that celebrate your journey from Maiden to Mother!



**LOCATION:**

Indianapolis + virtual

**ATTENDS:**

Homebirth and birth centers

**TO CONNECT:**

@thejesswolfe

indybirthkeeper@gmail.com

**ABOUT:**

Hi there, I'm Jess, a traditional birthkeeper offering holistic and compassionate support for women desiring a peaceful and intuitive birth. I believe in God's perfect design and that birth is best when left undisturbed. My offerings include personalized birth and postpartum planning, continuous in person or virtual labor support, and birth photography for families located in the greater Indy area



**Jess Wolfe**



# Iowa



## Mandy Kuennen

With photography, I take photos for families to look back on and remember forever because you only birth your baby once, and when you're in labor land then meet your baby, time quite literally stands still. I also have a podcast, titled Simple Obedience, where I share my birth stories, education, and other testimonies of myself and others. If you are interested in virtual doula support or in-person services, please contact me via phone or email

### **LOCATION:**

Ames/Des Moines

### **ATTENDS:**

Homebirths

### **TO CONNECT:**

@mandykuennen

mandells19@gmail.com

### **ABOUT:**

I am a passionate believer in Jesus and because of that, physiological birth as well. I have experienced the classic traumatic first hospital birth that led me down the "rabbit hole" of homebirth and after having my 2nd biological child safe at home, I have felt such a call on my life to help other women experience the same. I offer virtual and in person doula support, along with birth photography. My goal is to make all moms feel equipped to not only birth their babies in their power and with autonomy over their birth choices, but also mother their babies with confidence, all led by God and empowered by Holy Spirit. I believe the birth space is sacred and should be treated as such, and that your body was made to birth. Worship and prayer are 2 of the most important parts of my work, as I support moms I truly believe it's ministry and an honor to help women cross the threshold from maiden to mother, whether it's their first or 10th baby.





# Kentucky



**Karley Holt**

**LOCATION:**

Western Kentucky

**ATTENDS:**

Homebirths + select providers

**TO CONNECT:**

@thekarleyholt

karleyholt45@gmail.com

**ABOUT:**

Hi! I'm Karley, a wife, mama, birth doula + living under grace. I absolutely love all things related to natural birth. I believe birth is a natural, physiological process that should be respected. I want you to feel empowered about your birth and it would be an honor to serve you in your birthing space

**LOCATION:**

Northern Kentucky/  
Greater Cincinnati Area

**ATTENDS:**

Homebirths + select providers

**TO CONNECT:**

@thedoulacassie

@cassielynnferguson

**ABOUT:**

hi!! I'm a Christ follower, mom, sister, friend! I believe every single woman deserves to feel wholly cared for, served and loved in birth. I walked away from my "successful" unmedicated, as low as intervention as you can get in a hospital, hospital birth feeling like i did it alone & sad that I didn't get to enjoy birthing because I was focused on getting through it instead of letting it transform me. It was far from traumatic, but it was also not intimate, family centered, or loved filled. Just "unmedicated" isn't the point. And I'm so passionate about supporting moms and family's in a way that helps them gain as much as they can from their birth journey

I'm here for the relationships, the late night texts or phone calls, the sisterhood (I call my self a Birth Sister more than a Doula ha!). Walking through this journey of birth with moms/families is an honor that I'll never take for granted. I'm also falling more and more in love with birth & motherhood photography and have left the wedding industry to only do birth, motherhood and family! I have Earth Side Birth Pools I rent out to families as well



**Cassie Ferguson**



# Minnesota



**Taylor Engelstad**

**LOCATION:**

Northwest Minnesota

**ATTENDS:**

Homebirths

**TO CONNECT:**

@upnorthdoula

www.upnorthdoula.com

**ABOUT:**

I don't really know what to write here that hasn't already been said by the many other wonderful women in this directory. So I'll just share a little bit of my story. I've had two babies of my own - one born in a hospital via a medically induced labor, the other born at home via spontaneous, physiological labor. Both births ended with a beautiful baby in my arms, but only one experience is something I personally would ever want to repeat (over and over and over again). I offer support as a doula during pregnancy, birth, and postpartum. I host an online birth education class. I support moms with breastfeeding advice & offer guidance to families around normal infant sleep. I believe that you already have everything inside of you that is needed to birth your baby & be an excellent mother, but I also know that women are stronger when we have each other to lean on

# Mississippi



**Allison Robbins**

**LOCATION:**

central Mississippi & travel

**ATTENDS:**

Homebirths, select hospitals

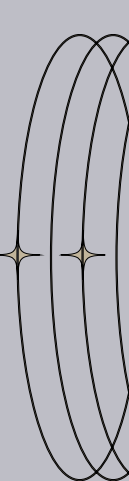
**TO CONNECT:**

@AlliRob04

allirob04@gmail.com

**ABOUT:**

I'm Allison, a traditional birth doula. I believe birth works and that birth is women living out their true femininity. My heart belongs with the mothers who want to bring their babies into the world in a way that honors them and their Creator for what He made and intended their bodies to do. I am so happy to walk along side of you through this sacred time if welcoming your babies into this world





# Nevada



**Brylee Gauthereau**

**LOCATION:**

Las Vegas, NV

**ATTENDS:**

Homebirths, birth centers, hospitals

**TO CONNECT:**

@bryleegauthereau

**ABOUT:**

I'm a mom to two precious babies and have an immense passion for birth. I've always felt called to serve women and after I had a redemptive, unmedicated birth with my son it solidified that birth work is where I'm meant to be. I believe birth is the most beautiful, transformative event a woman will ever experience. The empowerment that comes from physiological, undisturbed birth is metamorphic. Your pregnancy and birth matter and I would be honored to guide/ support you every step of the way.

# New Hampshire



**Kelsey Halverson**

**LOCATION:**

New Hampshire

**ATTENDS:**

Homebirths, birth centers  
limited hospitals  
Lactation services!

**TO CONNECT:**

@kelsey.halversonn

**ABOUT:**

Hi, I'm Kelsey! I live in New Hampshire with my husband and our two daughters. I am passionate about serving women during childbirth, as well as helping them reach their breastfeeding goals. My own two birth experiences were very different from each other; after having a peaceful home birth with my youngest, I fully realized my passion for birth. As a lactation consultant, I'm here to help both prenatally and postpartum with breastfeeding education and support. I provide in-home appointments so that new moms can enjoy the comforts of home after giving birth



# New York



**Kelsey Halverson**

**LOCATION:**

Bronx, NYC  
serving the whole tristate area

**ATTENDS:**

all out of hospital births

**TO CONNECT:**

@auspicious.beginnings  
auspiciousbeginningsdoula.com

**ABOUT:**

Hi, I'm Sophia! I'm a VBAC mama, homebirther, homeschooler, silversmith, gardener, meditation practitioner and advocate for respectful parenting. I'm also a birth keeper (and midwife assistant) on a mission to preserve and uphold the sacredness of birth. I reside in the Bronx, NYC with my husband and two curious boys.

While I was pregnant with my first child, I dove deep into researching how mothers and babies work together throughout gestation and birth. I came to understand how truly spiritual the passage into parenthood is, and I developed a deep reverence for the divine portal that is childbirth.

My intention is to be a source of connection and encouragement during your birth journey. I'll be there to support you as your doula, sister and friend. Through our time together, I promise to trust you, witness you, and uplift you. Our birth experiences shape who we will be forevermore, and it would be my honor to walk beside you.

Other offerings include breastmilk jewelry, cloth diapering classes, meditation sessions and ceremonies of transition



# North Carolina



**Kinsey Rings**

**LOCATION:**

Greensboro, NC

**ATTENDS:**

Homebirths, birth centers and select hospitals

**TO CONNECT:**

@thebalancedbirthdoula

www.thebalancedbirthdoula.com

**ABOUT:**

I am a birth doula serving Greensboro, NC and the surrounding areas. I have two precious littles, Robin and Iris, and I am married to my incredibly supportive and kind husband, Bryce. After navigating two vastly different pregnancy, birth and postpartum experiences, my desire and calling to support other women during this transformative time has only grown. My goal is to be a resource and listening ear during pregnancy, honoring your preferences and needs. My hope for birth is to be a peaceful and calming presence, helping to maintain an atmosphere tailored to what makes each individual woman feel safest, offering a balanced viewpoint throughout the whole process. I believe that mothers are wise, strong, intuitive and capable. I believe that, as a woman, you do not need a doula to have the birth you want, but should you feel the desire to have someone in your corner- I will be your biggest cheerleader, fiercest advocate, and a gentle voice during this transformation

**LOCATION:**

Charlotte, NC

**ATTENDS:**

Home births & Natural Beginnings Birth Center

**TO CONNECT:**

@yourbirthsupport

www.yourbirthsupportdoula.com

**ABOUT:**

I'm Amy and I'm a mom to 3, wife, registered nurse, believer, birth doula, birth photographer. I believe that labor is a monumental experience in a woman's life. Every woman deserves a birth that leaves her feeling peaceful, blissful, and transformed. My hope is to provide you with comfort, support, and a shoulder to lean on throughout your pregnancy and into postpartum. It is an honor to be a part of every birth and I consider it a blessing to be able to serve as a doula



**Amy Bonadies**





**Ari'Elle Anderson**

**LOCATION:**  
Coastal, NC

**ATTENDS:**  
Homebirth, birth centers,  
and some free births

**TO CONNECT:**  
[@restoringtradition](#)  
[www.restoringtraditionbirth.com](http://www.restoringtraditionbirth.com)

**ABOUT:**  
My name is Ari'Elle. I am a home and physiological birth advocate. I am passionate about restoring the traditional and ancestral practices surrounding pregnancy, birth, and child rearing. My purpose is to protect the birth space and process and to secure support for mother's through the perinatal, birth, and postpartum seasons. Women need more than just birth support- they need other women to walk along side them for entirety of the journey



**LOCATION:**  
Winston Salem, NC

**ATTENDS:**  
Homebirth & Postpartum

**TO CONNECT:**  
[@abigailewill](#)

**ABOUT:**  
My desire is to serve women in the birth space, honoring the design of childbirth. I support the beautiful and natural unfolding of birth when left undisturbed. And I believe that the power in birth belongs in the mother's hands. It would be my honor to support you in cultivating the sacred journey of motherhood



**Abigail Will**



# Ohio

**LOCATION:**  
Northeast Ohio

**ATTENDS:**  
Homebirth & Postpartum

**TO CONNECT:**  
[@michellebodnar\\_](#)  
[Michelle.bodnar@icloud.com](mailto:Michelle.bodnar@icloud.com)

**ABOUT:**  
Hi there! I'm Michelle! I'm a fellow home birth mama, and wife. Though my journey into birth work is just beginning, I always knew I would be serving women, babies and families one day! After experiencing my own postpartum struggles years ago, it was wild to me how little support women have, something I hope to help rewrite for our future generations. I believe birth should be gentle, undisturbed and transformational. How we treat our mothers and their babies during birth and postpartum is the foundation for how they are able to connect with their families and themselves. If mama is nourished, she WILL flourish



**Michelle Bodnar**





# Pennsylvania



**Lauren Veach**

**LOCATION:**  
Newtown, PA

**ATTENDS:**  
Homebirths, birth centers  
and select hospitals

**TO CONNECT:**  
[@lalunabirthco](#)  
[www.lalunabirthco.com](http://www.lalunabirthco.com)

**ABOUT:**

Hi, I'm Lauren! My passion for supporting women started at a very young age, but it wasn't until witnessing my first birth at 18 that I understood the profound impact this experience has on a woman's life. It is my honor to support women through this transcendental journey mentally, physically, emotionally and spiritually



**Roslyn Cucé**

**LOCATION:**  
Lehigh Valley, PA,

**ATTENDS:**  
Homebirths

**TO CONNECT:**  
[@roslyncuce](#)  
[roslyncuce@gmail.com](mailto:roslyncuce@gmail.com)

**ABOUT:**

I am a follower of Jesus, wife + mother to two little girls. I provide holistic support to women in their pursuit of an empowering, intuitive birth experience. It is my priority to build a genuine connection and trust with the mothers I serve so they feel safe and deeply loved in their sacred birth space. I offer doula services, birth photography and EarthSide Birth Pool rentals. Feel free to reach out- I would be overjoyed to walk alongside you in this beautiful season of life



# Rhode Island



**Autumn Leppert**

**LOCATION:**

Westerly, RI

**ATTENDS:**

Birth centers, homebirths and hospitals

**TO CONNECT:**

@petalsofaperson

**ABOUT:**

The pregnant woman's body embodies an intricate complexity that exceeds the bounds of conventional human reproduction. In contemplating the mysteries of childbirth, one is compelled to wonder: is it conceivable that a woman could give birth purely through her innate bodily wisdom and intuition, without the interference of external interventions? The possibility of such instinctive birthing raises intriguing philosophical questions about the limits of human knowledge and the power of embodied experience.

# South Carolina



**Yasemin Demir**

**LOCATION:**

South Carolina

**ATTENDS:**

Homebirths and birth centers

**TO CONNECT:**

@\_yasemindemir.\_  
yasemindemirbirth@gmail.com

**ABOUT:**

I am a mother of three, traditional birth and postpartum doula, birth photographer, and ancestral nutrition enthusiast! After having my first child at 20 years old in a traumatic hospital birth I searched for answers of what had happened to me, it open my eyes to homebirthing and from then on it was an avid passion of mine. It empowered me to have peaceful homebirths with my second and third child despite suffering from severe HG throughout my pregnancies. Supporting physiological birth and honoring the natural intuition of mothers is my ultimate goal, it is such an honor to serve women in such an intimate way



# Texas



**LOCATION:**

Georgetown

**ATTENDS:**

Homebirths

**TO CONNECT:**

@meaganjoycreative

**ABOUT:**

Traditional birth photographer & doula helping you reclaim child birth as your rite of passage. Your birth matters. Who you choose at your birth, matters! I'd be honored to be welcomed into your birth space

## Meagan Fisher

**LOCATION:**

New Braunfels, Texas

**ATTENDS:**

Birth centers and homebirth

**TO CONNECT:**

@selahbirthco

**ABOUT:**

Hey there, I am Chandler! A holistic birth doula passionate about serving women through pregnancy, birth, and postpartum. I am a Jesus follower, wife to my incredible husband and mom to three young children.

With my first daughter, I planned an unmedicated birth at a birth center. I spent the entire pregnancy paralyzed by fear. Afraid to trust my body, the birth process, and my intuition. Despite a medical transfer due to pre-eclampsia, I had a relatively typical birth. When I became pregnant with my second child, I decided to take my fear and turn it into education. The more I learned, the more passionate I became.

I was determined to have the birth of my dreams. I have gone on to have two very different home birth experiences. One was the hardest thing I have ever done. One was the most peaceful experience I have ever had. All three transformed and shaped me into the mother, wife and doula that I am today.

I believe that this work changes lives. I believe when you are supported in this season, it benefits your entire family. I believe in your innate abilities to birth your baby. I believe you are uniquely equipped to grow, birth, and raise your child. I believe that you can love your birth. It is an undeserved privilege to serve women in this season

## Chandler Hiley





**LOCATION:**

Waco, TX

**ATTENDS:**

all births, all locations!

**TO CONNECT:**

@letsdoulathiswaco

www.letsdoulathiswaco.com

**ABOUT:**

I am a passionate Full Spectrum Doula and Placenta Encapsulation Specialist who believes in educating and empowering women through conception, birth, and postpartum support. I believe birth is sacred, to be revered, to be cherished, and belongs to the woman who is experiencing it. I strive to bring, peace, clarity, compassion, and comfort to all of my clients during this special time. My goal is to equip all my families with the confidence to make clear informed decisions within their place of birth so they can walk away with the best experience possible



# Abigail Stovall



**LOCATION:**

Greater NW Houston

**ATTENDS:**

Homebirths

**TO CONNECT:**

@veronicalybarron

**ABOUT:**

I am a doula, wife and mother of six children. I am passionate about physiological birth and all things motherhood. As a mother myself, I have experienced birth in many ways including unmedicated hospital births, a stillbirth and a freebirth at home. My first hand knowledge and outside experience have prepared me to intuitively care for women in their most vulnerable and intimate moments. I am humbled and honored to be invited into a woman's sacred space to help her navigate the best path for her and the birth she has dreamed up.

# Veronica Barron

Whether it's your first child, fifth pregnancy or your awaited baby after a loss, my desire is to help you feel empowered and confident as you bring your baby earthside. I believe that women don't need a doula, but they deserve one



# Tennessee



**Anna Claire Steele**

**LOCATION:**  
Memphis/North, MS

**ATTENDS:**  
Homebirths, birth centers  
and select hospitals

**TO CONNECT:**  
[@bydesign.doula](#)

**ABOUT:**

Hey there, my name is Anna Claire. I live in Hernando, MS with my sweet husband, Caleb. I teach and play as a professional violinist and I bake all the time - but my heart is for women. For family, for mothers, for babies, and birth. I have training in Spinning Babies, Peripartum Mood and Anxiety Disorders, and trauma-informed care. My hope is to someday be a traditional midwife. More than anything, I want to show women the love of Christ as I walk alongside them through the journey to motherhood. I'm a holistic Doula + Birthkeeper and would be honored to serve you and your family



**Alexis Beatty**

**LOCATION:**  
Clarksville

**ATTENDS:**  
Homebirths, unassisted

**TO CONNECT:**  
[alexistharpbeatty@gmail.com](mailto:alexistharpbeatty@gmail.com)

**ABOUT:**

Hi there, my name is Alexis. I have 3 beautiful babies with my high school sweetheart and during my daily life I have the privilege of caring for young children as a Montessori Guide. I believe that birth is a transformative experience for everyone involved and it should always be treated with the utmost respect. I believe that humans are intelligent beings who are perfectly created and when left undisturbed, birth and life will unfold as they are meant to. I believe that almost all of the answers can be found inside yourself and your child, and I am simply here to empower you to listen to your inner knowing and walk with you through that porta



**LOCATION:**  
Greeneville, TN

**ATTENDS:**  
Homebirth & postpartum

**TO CONNECT:**  
[@alexishunterbell](#)  
[lexhbell@outlook.com](mailto:lexhbell@outlook.com)

**ABOUT:**

I always knew my heart desired to support women + mothers, but experiencing the transformation of motherhood myself grew my heart even more. I believe birth and postpartum are both beautiful and vulnerable and we should honor that mothers are in charge. My hope is that you will feel empowered, cared for, and informed.

It would be an honor to walk along side you on this journey!



**Alexis Bell**



**Ashley Burns**

**LOCATION:**  
Chattanooga + surrounding areas

**ATTENDS:**  
primarily homebirth

**TO CONNECT:**  
[@themamabeardoula](#)  
[Ashley.themamabeardoula@gmail.com](mailto:Ashley.themamabeardoula@gmail.com)

**ABOUT:**

Both of my babies were born at home, and in the preparation and transformation is where my heart for other mamas was also born. I love Jesus and witnessing worshipful birth! I have experienced the bliss of birthing in a place of familiar comfort, and I have also experienced the trauma of treatment without consent and plans ignored. I am incredibly passionate about choosing your birth attendants with utmost care to protect the holistic wellbeing of you, mama bear, and your baby. You deserve to be listened to, and not only that to be HEARD, seen, and loved. It is from the realization that a woman needs to feel held and cared for in the most intense transformation of her life that I desire to serve her. To witness and to wonder at her remarkable strength. And to be a true friend and sister through the motherhood portal



# Utah



**Olivia Holbrook**

**LOCATION:**  
Salt Lake City, Utah

**ATTENDS:**  
Homebirths only

**TO CONNECT:**  
[@oliviawattholbrook](#)

**ABOUT:**

Hi! I'm Olivia, daughter, wife, mother, and doula. I love empowering intuitive birth and motherhood, helping women connect to the wisdom that is already in them. I firmly believe women deserve gentle and intentional care during pregnancy, labor, and postpartum that will "gird up their loins", if you will, to stand firm on the holy ground of motherhood. Birth is sacred, for both mama and baby, and should be treated as such. I know serving women in her space is a high honor. My own journey with Jesus of reconnecting to my God-given ability to carry and bring forth life was powerfully healing. I pray that my healing will make space for yours

# Vermont



**Gianna Altieri**

**LOCATION:**  
Northern Vermont

**ATTENDS:**  
Homebirths, birth centers

**TO CONNECT:**  
[@giannaaltieri](#)  
[www.lunardoulawellness.com](http://www.lunardoulawellness.com)

**ABOUT:**

My name is Gianna Altieri, I am a Vermont based birth and postpartum doula, photographer, and childbirth educator with a holistic background who believes in the power of intuition, information, and support during this transformative experience, from maiden to mother. Alongside my passion for birth, I host various classes in Chittenden County including; intuitive movement, yoga, breathwork, reiki energy healing, abdominal massage, postpartum and labor preparation workshops. These classes are often donation based, with the intention to create community and make deep connections through healing work



# Virginia



**Alyssa Restom**

**LOCATION:**

Richmond/Petersburg

**ATTENDS:**

Homebirths and birth centers

**TO CONNECT:**

@alyssa\_restom

alyssarestom99@gmail.com

**ABOUT:**

Hello!

I am a first time mom of a sweet little girl, I am from a family of 6 kids- I fall in the middle, and the career choice I always chose as a kid was to be a Mom. Now, I'm ready to step further into the Mother role through community!

The lifestyle my family lives is centered around minimalism, eco friendliness, holistically, and sustainably. We enter each step of life like it is a ceremony.

Physiological birth, natural birth, all things where Mother is empowered is what we strive towards while dancing through this life together.

The journey from Maiden to Mother is one that no woman should do alone!

Also, I would like to support women postpartum. Birth itself is a journey that feels near impossible to describe, but afterbirth is one that one rarely talks about- we are here to change that! Postpartum support is just as important as every other step of the way.

May we come together in community and empower one another

**LOCATION:**

southeast Virginia

**ATTENDS:**

Homebirths

**TO CONNECT:**

@eviefurbish

**ABOUT:**

Hello! I am a traveling holistic birthkeeper and postpartum doula currently based in Southeast Virginia. My passion is to serve women holistically in their birth space. Each birth I've attended leaves me humbled by these mothers' power, honored to have been welcomed into their space, and more in awe of how incredible women are!

I am a wife and mama of three boys. My own homebirth experience with my third sparked my passion for all things birth. Please don't hesitate to reach out; I can't wait to meet you!



**Evie Furbish**



**LOCATION:**

Rappahannock, VA

**ATTENDS:**

Homebirths, birth centers, select hospitals

**TO CONNECT:**

@avetaholisticbirth

www.avetaholisticbirth.com

**ABOUT:**

Hi, I'm Brittney- wife and mother of 3, birth doula and midwife assistant serving Rappahannock County, VA and the surrounding areas. I believe in the power of a women's body and her ability to birth her baby in the way she desires. I am a fierce advocate for following your intuition and trusting the intelligence of the body. My passion is holding space for women as they walk through their pregnancy journey and loving them deeply through it. My hope is that every mother feels seen and heard in her experiences and that we may heal the world, one peaceful birth at a time



**Brittney Torrance**



**Shelby Jones**

**LOCATION:**

Richmond

**ATTENDS:**

Homebirths and birth centers

**TO CONNECT:**

@shelby.littlesunshinedoula

Sunshine Doula Services llc.

**ABOUT:**

Hi, I'm Shelby! Lover of Jesus, all things nature, sunshine, summer, sunflowers, and birth and breastfeeding (DUH). I'm a stay at home mama to 3 kids, 3 and under. I serve women as they prepare for birth, whether it's for the 1st or 5th time, and I take pride in the way I intuitively support and serve from a connection/relationship based standpoint. I've had a cornucopia of birth experiences myself: medicated hospital, unmedicated hospital, and home birth. After serving mamas for almost 2 years in both the hospital and home birth settings, I am eager to honor my passion for homebirth/true physiological birth and support women exclusively in the home birth (or some birth centers) setting. I also offer maternity and birth photography! Some random fun facts about me: 1. I studied music education and flute performance in college, and I serve in my church orchestra. 2. I had alpacas as ring bearers in my wedding (not even kidding). 3. I've lived in the state of VA my entire life. 4. I'm a recovering perfectionist. 5. I can't stand raw celery



# Wisconsin

## LOCATION:

southeastern Wisconsin

## ATTENDS:

Homebirths and birth centers

## TO CONNECT:

@mrsjanetcatherine

www.janetcatherinephoto.com

## ABOUT:

I picked up a "fancy camera" when I found out I was pregnant with my first baby. After giving birth to her, I became obsessed with everything to do with physiological birth. I jumped into birth photography and started feeling the pull to serve women even deeper. I could sense that inner doula ready to serve. I became a doula because I believe birth is such a sacred rite of passage that a woman deserves to be supported and celebrated through. I am passionate about making women feel informed, held, and cared for. I'm here to document your birth story and support you on your journey



**Janet  
Chmielewski**

## LOCATION:

Door Country, WI  
(surrounding areas)

## ATTENDS:

Homebirths, postpartum care

## TO CONNECT:

@motheralchemywi

Motheralchemy.wi@gmail.com

## ABOUT:

I am Secelie Panske. I am a wife and mother to 3 young children. I love exploring and learning all things holistic health, herbalism, German New Medicine, homeschooling, mothering, and spirituality.

I am a radical self healer living and loving sovereignty, intuition, and being in alignment with my truth. I strive for authenticity in all areas of my life.

I am passionate about bringing birth back to women and nourishing women fully through their transformation.

I believe each mother is the authority in her journey and I intend to serve her accordingly. My offerings are unique to each Mother depending on her needs and desires. My apothecary is new and growing with intention to further serve women & babies with organic small batch products.



**Secelie Panske**



**LOCATION:**  
southeast WI, Northeast, IL

**ATTENDS:**  
Homebirths, birth centers,  
limited hospital births

**TO CONNECT:**  
[@jacintalagosbirthservices](#)  
[jacintalagos.com](#)

**ABOUT:**  
I'm Jacinta. I'm an Argentine woman, living in Wisconsin since 2017. I'm a wife and a mom of 3, who is very passionate about birth and keeping things as natural as possible. I'm a doula but I'm also a birth photographer and videographer (award winner, mind you). I'm also passionate about supporting vulnerable communities, and I serve mamas who only speak Spanish, which sometimes can be a great issue



**Jacinta Lagos**





# Netherlands



**Kinga Dussel**

**LOCATION:**

Netherlands, Utrecht

**ATTENDS:**

Homebirths and birth centers

**TO CONNECT:**

@amotherway

**ABOUT:**

I'm a doula, wife and mom of 2, currently living life in the rainy Netherlands. I am passionate about emotion, birth stories, respected birth wishes and a happy, peaceful postpartum period. As your birth keeper I'm here to support you during your pregnancy and birth; to discuss your fears, dreams and questions when it comes to bringing your baby to the earth-side. I'm here to create a safe, loving space for you and your birth partner and I can promise that I will support you and protect your bubble regardless the time or the location.

It's a crazy feeling to be chosen to be part of someone's biggest moment in life, and I treat it like it's the most important job in the world. Because to me, it is

# Aruba

**LOCATION:**

Aruba

**ATTENDS:**

Homebirths and hospitals

**TO CONNECT:**

@motherclub

**ABOUT:**

My name is Dominyque and 28 years ago I was born in Brazil, moved to Aruba, then to The Netherlands and now back to the Caribbean/Island ways. I remember being 12 and taking care of my pregnant with twins mom who couldn't keep nothing in only my fruit & oats smoothies. I was sitting in the hospital's waiting room when my mom was being rolled in to the OR to have my twin sisters through c-section. Her 3rd as me and my sister were also born that way. Ever since that day i've embraced my role as a nurturer and was determined and eager to learn about pregnancy, physiological birth, children and their development. After I became a mom myself, i've developed a love and interest to nurture the mother through her postpartum journey as well. I have 2 beautiful children both born naturally and one of them at home. Here is where my passion to serve women through this proces was born too.

I will be there and hold space for my future mamas, to guide them and remind them that they are powerful and capable of anything their heart desires. I promise to be gentle with you and hold you through this most transformative life event. Your birth belongs to you! This is more than a service provider-client relationship. This is sisterhood



**Dominyque Flanegin-Lopes**